Issue #1 – December 2011

#### www.bonelo.com - adapted news

# Bonelo.com news **Healthy Food** Egypt 1 After a number of clashes

between protesters and police, Egyptian public media & private media have different versions.

Everybody talks about healthy food, but few people know what healthy food actually is.

7 Billion

2

The world's population recently reached this number. What does this mean?

3

## Egypt's Media Also Joining the Riots Egyptian public media & private media have

different versions.

#### Vocabulary

Use the dictionary to look up the following words (You can also go to http://www.wordreference.com).

2. Public (adj.):

3. Private (adj.):

4. Riot (n):

#### 5. Clash (n) (v):

#### Preview

Read the title, look at the picture. What is this article going to be about?



December 19, 2011

State news agencies and private news agencies seem to disagree on who is responsible for the violent events of the last three days in Egypt.

The clashes began on Friday when the police officers tried to disperse a small protest against the transitional government. After this event, thousands of protesters reacted strongly. (Continues on page 3)

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# **Healthy Food**

Many people talk about being healthy, but few can tell you what a healthy plate looks like.

By <u>www.bonelo.com</u>

### **Pre-Reading**

List foods under each category:

#### 1. Fruits

### 2. Vegetables

#### 3. Junk Food

10 years and older

December 23, 2011

Everybody talks about healthy food, but some people have **misconceptions** about what is healthy and what is unhealthy.

For example, people say that ice cream is a very unhealthy food. The truth is that ice cream is unhealthy only if you eat too much of it, or in very especial cases.

Fruits and vegetables are very healthy, but your body also needs other foods. A healthy meal includes fruits, vegetables, grains (wheat, rice, oatmeal), protein (meat, pork, chicken, and beans), and dairy products (milk, cheese, and yogurt).

All of them are healthy; just remember not to eat too much. For more go to <u>http://www.choosemyplate.gov</u>

#### **Reading Comprehension**

True (T) or False (F).

- 1. Ice Cream is totally unhealthy.
- 2. Fruits and vegetables are healthy.
- 3. A healthy meal includes vegetables and fruits only.

#### Discuss with a Partner

Do you eat healthy? Why? Why not?



This article does not replace professional advice. If you need help with your diet, please visit a professional Nutritionist or Dietarian.





## 7 Billion People Alive on Planet Earth. By www.bonelo.com

#### 14 years and older

The world population recently reached 7 billion, and the number keeps growing.

### **Pre-Reading**

Write down the following numbers:

E.g. Ten Thousand: <u>10,000</u>\_\_\_\_\_

- 1. One Million:
- 2. Nine Hundred:

3. Fifteen Hundred:

4. Three Hundred Thousand:

5. Seven Billions:

What is the biggest number you can think of?

December 20, 2011

We are now more than seven billion people sharing this planet. The earth now has twice more inhabitants than what it used to have only fifty years ago. By December 1971, forty years ago, we were less than 4 billion, and around three hundred thousand babies were born everyday.

Now that we have reached this astronomic number, the toll of births is not much higher (no more than 400,000 per day). However, the real question is not about how many people are born everyday, or how many die. The real question has to do with the challenges and opportunities that this number represents.

In countries like China, almost two thousand people are born every minute, and almost one thousand die in the same period of time. Data from <u>http://www.7billionandme.org/</u>

## (Comes from page 1) Egypt's Media Also Joining the Riots

On the one hand, according to the official agencies, some people from inside the riots killed the protesters. On the other hand, media that are not affiliated with the government suggest that the army and the police attacked and killed civilians.

All this has happened while this African country undergoes elections to decide who is going to replace former president Mubarak.

#### **Reading Comprehension**

What is the main idea of the article?

List two supporting details that back up this main idea.

1.

2.

#### **Vocabulary / Context Clues**

Without using the dictionary, try to define the following words and phrases:

1. Disperse (0n page 1): \_\_\_\_\_

2. Official agencies: \_\_\_\_\_

3. Civilians:

4. Elections:

#### Opinion

Have you ever been in a situation in which two people tell you two different stories about the same event? How did you feel? Who did you believe?



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"You are forgiven for your happiness and your successes only if you generously consent to share them."

Albert Camus

Over almost 10 years as a language teacher, I have used resources created by others to enhance my lessons. From warmups to grammar activities, I have always been able to find what I need for my classes.

Now I have come to realize that there are very few sites where English Language Learners can read current events. That is why I decided to start this project; it's my turn to give.

Every month, a package like this will be made available for teachers of English (an basically anyone) to use in their classes. If you want to participate, please send contributions to esl@bonelo.com.

#### 7 Billion People Alive on Planet Earth.

**Teachers!** 

Send

your

articles

to

esl@bonelo.com

Comes from page 3

#### Web Quest

Go to <u>http://www.7billionandme.org/</u> and answer the following questions:

- 1. How many people were born before you?
- 2. How many people were born in the world on the same date you were born?
- 3. How many people were alive when you were born?

#### Opinion

What do you think about the information you can find at http://www.7billionandme.org?

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## It's Christmas! How do people celebrate this special date?

Nowadays, Christmas is celebrated almost everywhere in the world. From traditional families in Italy, Latin America, or the United States where this is a very religious celebration to almost exclusively commercial events that serve to increase sales almost everyone on earth has something to do with the night of the 24<sup>th</sup> of December or the day after.

Family meals, gifts under the tree or into the socks by the chimney, huge sales at the mall, and concerts are just some of the ways people have to celebrate. What do you do to celebrate Christmas?



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